BREAKING BAD TRADITION

ELIMINATING THE "GO TO" USE OF NARCOTICS

WHY SHOULD WE BREAK BADTRADITION?

80 TO 85% OF ADDICTS START WITH PRESCRIPTIONS FROM PHYSICIANS TO INDIVIDUALS.

THERE ARE EQUALLY POTENT NON-NARCOTICS.

THERE ARE 3 RECENT AND REPUTABLE STUDIES THAT DEMONSTRATE ACETAMINOPHEN (TYLENOL) AND IBUPROFEN (MOTRIN, ADVIL) TO BE EQUAL TO OXYCODONE

- 1. J<u>OURNAL OF THE AMERICAN MEDICAL ASSOCIATION</u>; 416 PATIENTS IN AN EMERGENCY DEPARTMENT SETTING
- 2. <u>JOURNAL OF THE AMERICAN DENTAL ASSOCIATION</u>;
 SCHOOL OF DENTAL MEDICINE AT CASE WESTERN RESERVE UNIVERSITY
- 3. MAYO CLINIC JOURNAL

TORADOL (KETOROLAC)

NON-STEROIDAL, ANTIINFLAMMATORY USED FOR MODERATE TO SEVERE PAIN

ORAL OR INJECTABLE

USED FOR EFFECTIVE SHORT-TERM USE



LOW DOSE VIVATROL (NALTREXONE)

PRESCRIPTION GIVEN TO A <u>COMPOUNDING PHARMACY.</u>
NO SLOW RELEASE FORMULA, AND NO CALCIUM CARBONATE FILLER

1.5 TO 4.5 MG CAN BE TAKEN ORALLY ONCE DAILY IF NEEDED FOR PAIN

MECHANISM OF ACTION: <u>INCREASES ENDORPHINS</u> AT THIS DOSAGE

CBD ORAL OIL AND TOPICAL CREAM

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TOPICAL PATCHES AND CREAMS





TENS UNIT (TRANSCUTANEOUS ELECTRICAL NERVE STIMULATOR)





CASE PRESENTATION: 62 Y/O MALE

WITH SPINAL FUSION SURGERY AT L-4,5, AND S1







